

# NEPAL SPRING TREKS

**KHUMBU VALLEY, NEPAL | ASIA | 17,300' - 20,075' – 5273M – 6119M**



*Trekking from Lobuche to Everest Base Camp (Rachel Consolini)*

## NEPAL SPRING TREKS WITH INTERNATIONAL MOUNTAIN GUIDES

The Everest Base Camp Trek is a classic adventure! IMG offers treks through the Khumbu Valley of Nepal to the Everest South Side Base Camp. Dozens of companies offer Everest Treks, but we believe our experience, safety precautions, and solid record of trekking and climbing in the Himalayas make IMG your best choice for trekking Nepal. For Spring season 2026, we're offering:

### Classic Nepal Everest Base Camp Trek

The trek to Everest BC is one of the world's classic human powered adventures!

### EBC Trek with Gokyo Extension

Extend your trip for 6 more days trekking through the famous Gokyo Valley!

### EBC Trek with Lobuche Peak Summit Climb

Visit Everest Base Camp, bring your crampons and ice axe and add a climb of Lobuche Peak!

## ORGANIZATION AND LEADERSHIP

### International Mountain Guides (IMG)

IMG is the oldest and most respected high-altitude climbing service in the world and its Himalayan mountaineering programs are organized and directed by Eric Simonson. Their teams include a group of professionals who are the best in the business. Since 1990, we have conducted over 60 Himalayan 8000-meter expeditions, and over 800 IMG team members have summited the world's classic 8,000-meter peaks, including Everest, Lhotse, Cho Oyu and Shishapangma.

## DATES & PRICES

→Details on Pages 2-3

### 2026 NEPAL SPRING TREKS

#### Classic Everest Base Camp Trek

March 23 – April 11, 2026

#### EBC Trek with Gokyo Extension

March 23 – April 16, 2026

#### EBC Trek with Lobuche Peak

March 23 – April 14, 2026

## REGISTER

- [IMG Application Package](#)
- [Passport copy](#)
- [Application Fee](#)

## PAYMENT SCHEDULE

→Details on Page 3

Non-refundable application fee is due at registration and applies to program fees. **Installment payment due October 10, 2025. Remaining balance of fees are due December 12, 2025.** Please refer to the application package for payment instructions. Program fees are quoted in US dollars. All fees are quoted and payable in USD. All fees and payments are non-refundable and non-transferable. Payments must be received by IMG on or before the due dates. Failure to remit payments on or before due dates will result in forfeiture of fees paid and loss of program reservation and any discounts.

## CONTACT US

(360) 569-2609

[Office@MountainGuides.com](mailto:Office@MountainGuides.com)

## IMG's Philosophy

IMG leads the way! Our goal is to minimize risk while helping as many members as possible reach their goal, and we invest in the logistics to make this possible. We value our reputation as one of the premiere international mountaineering companies.

## Ang Jangbu Sherpa and the Nepalese Team

A veteran of dozens of expeditions and an Everest summitter, Ang Jangbu has worked on every IMG Himalayan program since 1991 and is an immensely popular leader. Ang Jangbu Sherpa and his staff put together one of the very best Guide teams for IMG. We are proud to have a group of Local Guides working for us who are among the best paid, best led, best equipped, and best trained in the business.

## ITINERARIES

**Detailed program itineraries are available on our [website](#).** Dates are listed starting from the arrival day to Kathmandu to the return day back to Kathmandu from Lukla at the end of the trip. IMG trek itineraries are longer than most others offered on the market, giving you more time to acclimatize properly.

**Everest Base Camp Classic Treks and Lobuche Climb** end dates are FIXED, but you should add one contingency day in Kathmandu at the end, before flying home, in case of Lukla flight delay.

## PROGRAM DETAILS & PRICES

### Classic Everest Base Camp Trek \$4,500

**March 23 – April 11**

The trek to Everest BC is one of the world's classic human powered adventures! Our 2026 Spring treks depart ahead of the big wave of climbers heading to Everest, so you will enjoy visiting the Khumbu Valley without the crush of humanity a few weeks later in the season. Our itinerary includes a journey to EBC via the less-travelled west side of the valley, with visits to several villages more off the beaten track. Climb Kala Pattar, hike up to the base of the Khumbu Icefall and get some photos, then join in with the expedition puja ceremony at Base Camp. You stay overnight at Everest Base Camp as a guest of the expedition; only trekkers associated with expeditions are allowed to stay at EBC. Then, trek back out to Lukla with our crack guide team for the flight to Kathmandu.



*Trekking from Dingboche to Lobuche, just below Dughla (Justin Merle)*

## Classic Everest Base Camp Trek with Gokyo Extension \$5,800

### **March 23 – April 16**

For trekkers wishing to extend their trek, we have the **Gokyo Extension Option** which adds **6 days of trekking**. You'll cross two more high passes (Cho La and Renjo La @ 5300+m) and visit the famous Gokyo Valley. What a classic! From the summit of Gokyo Ri you see Cho Oyu (8153m), Gyangchung Kang (7922m), Lhotse (8501m), Makalu (8475 m), Cholatse (6440m), Taboche (6542m), Kangtega (6685m), Thamskeru (6808m), Lobuche (6145m) and Mt. Everest (8848m).

## EBC Trek with Lobuche Peak Climb \$6,000

### **March 23 – April 14**

If you would like to visit Everest Base Camp and stay longer and go higher, bring your crampons and ice axe and add a climb of Lobuche Peak (to over 20,000 feet--we stop at the false summit—the last pitch to the real summit is difficult technical climbing). After spending nights at Everest BC for acclimatization, our Lobuche climbers and members of the Guide Team will drop one day back down the valley to climb this beautiful peak, with world class views of Everest from the summit. The steeper parts of the climb are on snow, ice and rocky slabs which are normally fixed with about 500 meters of rope. Lobuche Peak is a perfect objective if you are fit and have Mt. Rainier type skills (ice axe, crampons, and roped glacier travel). We will review the use of fixed ropes for climbers who have not done this before. Afterward, we trek back out to Lukla with our crack Nepalese Trekking Team for the flight to Kathmandu.

## PAYMENT SCHEDULE

All IMG program fees are quoted and payable in US dollars. **All fees and payments are non-refundable and non-transferable.** Payments must be received by IMG on or before the due dates noted below. Failure to submit payments on or before these due dates will result in forfeiture of fees paid and loss of program reservation and any discounts.

Due Date	Treks & Lobuche Peak
At Registration	\$1,500 Application Fee
Oct. 10, 2025	\$1,000 Installment
Dec 12, 2025	Balance

**THE DEAL:** Here is what is included and not included in your land cost.

### **Included**

- Airport transfers to/from group hotel in Kathmandu before & after the climb
- Double occupancy hotel room with breakfast in Kathmandu for stated itinerary at beginning of expedition
- Welcome dinner in Kathmandu for members traveling on stated itinerary.
- Helicopter flight to Lukla, fixed wing flight from Lukla to KTM
- All meals once in the Khumbu Valley
- Double occupancy accommodation on trek and Lobuche climb (single supplement available)
- Park and municipality fees, climbing permit fees, liaison officers
- Group climbing equipment for Lobuche climb
- VHF radio & satellite communications systems
- Yaks and porters
- First aid kit, hyperbaric (Gamow) bag, pulse oximeter & emergency medical oxygen

### **Not Included**

- International round-trip airfare/tax/baggage fees/travel expenses to/from Kathmandu
- Nepal visa fee
- Excess baggage charges
- Single Supplement hotel accommodations in hotels/lodges
- Lodging and meals before/after stated itinerary
- Personal gear
- Tip pool contribution for trek staff, climbing sherpas, and porters
- Satellite phone charges
- High speed internet available at lodges and Base Camp for additional cost
- Personal sundries and beverages
- Early departure expenses
- Costs incurred as a result of delays or events beyond the control of IMG
- Required Travel insurance; Emergency Evacuation & Medical Expense Coverage, hospital or medical costs
- Optional but customary gratuity for IMG staff trekking with you

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## THE ODDS & ENDS

### Single Supplement

Accommodation is based on double occupancy. A single room in the hotel in Kathmandu and lodges on the trek are available for **\$500** and can be requested on your application package or in writing to IMG.

### Sleeping Bag Rental

We have a limited number of sleeping bags for rent for \$200. Please contact us in writing to reserve your sleeping bag rental (subject to availability) before final payment is due in December.

### Required Emergency Evacuation/Rescue/Medical Expense Coverage (Insurance)

We require that you be able to pay for your helicopter evacuation, in case you get sick or injured. For this reason, Travel Insurance (Emergency Medical and Evacuation) is required for your program, a few suggestions are listed on our [website](#). It's important to understand that *you may be required to pay for this upfront and then file a claim for reimbursement*. Most insurance companies will require that you be hospitalized or evaluated by a doctor before they agree to pay. In case your insurance company does not agree to pay upfront for your evacuation you must have available credit on your Visa or Master Card. (NOTE— credit cards are charged an additional 4% service fee by helicopter companies). Trekkers must have \$5,000 available credit (the average rescue from EBC runs about \$5,000).

When purchasing a Travel Insurance policy, IMG suggests that you cover your trip from door to door – from the day you depart home until the day you return home, aligning with your full flight itinerary and your IMG program itinerary. **It is your responsibility to understand your policy, including coverage details, your dates of coverage and any preauthorization process in the event of evacuation.** IMG strongly advises the addition of trip cancellation/interruption coverage due to the IMG refund policy.

### Flights

Plan to arrive to Nepal on Day 1 of stated itinerary. For the best service and support, we recommend that you work with a knowledgeable travel agent that can assist you quickly should you need help while traveling. We will reserve your hotel room in Kathmandu based on the itinerary you provide. For trekkers **arriving early in Kathmandu**, we reserve your hotel room based on the flight itinerary you provide, and you pay for your extra nights direct to our partners in Nepal upon arrival. If your flight to KTM arrives in the middle of the night, we will reserve your room for your early arrival, but it will count as a full night's stay of the prior evening at your expense.

### Tips

We will collect a tip pool in Kathmandu and ask the trekkers to please contribute \$200, Lobuche climbers \$300. We will distribute the tip pool after the trip on behalf of the team as a thank you gift to the many unsung people that make the whole operation run smoothly: the porters, trek staff, cooks and helpers, hotel staff, Kathmandu staff, and others. You may **also** wish to provide additional tips to your local guides and staff (figure 5% of your trip cost if you are looking for a generous number).

### Passport & Visa

Your passport must have at least 6 months validity at time of entry to Nepal and one full page required for entry stamp. A tourist visa is required for U.S. citizens to enter Nepal, we'll provide instruction.

### Nepalese Staff

Most IMG Sherpa Guides are from Phortse and Pangboche. We have a great crew of men and women working for us, and many have been with IMG exclusively for over ten years. It is a tight knit bunch, managed by Ang Jangbu. The Senior guides (the ones we assign to climb with our climbers) have solid English language skills, first aid and rescue training, and tremendous 8000m experience.

### Communications, cell phones and Internet

We utilize VHF radios and satellite phones to maintain good communication. There is cell phone coverage in Kathmandu and Khumbu all the way up to Everest Base Camp which will work with GSM-enabled phones (service is spotty in some locations). You can purchase local sim cards in Kathmandu and scratch minutes which can be loaded onto the phone. Internet is available at most lodges with purchase of "Everest Link" scratch cards. At EBC there will be internet available or you can hike down to Gorak Shep and use the internet there.

**QUESTIONS?** [Email](#) or call (360) 569-2609