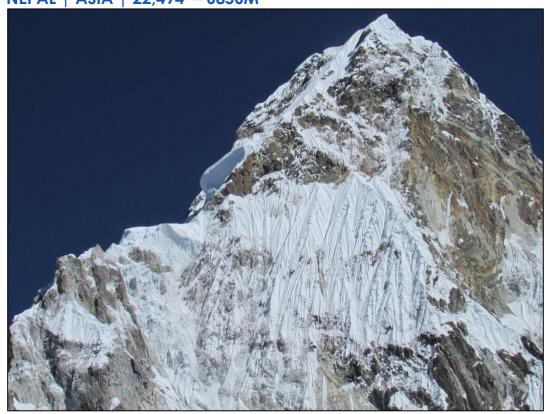
MG • PO Box 246 • 31111 SR 706 E • Ashford, WA 98304 • phone: (360)569-2609 • fax: (866)279-7455

# AMA DABLAM EXPEDITION

NEPAL | ASIA | 22,494' - 6856M



The mushroom ridge to C3 and the route to the summit (Harry Hamlin)

#### CLIMB AMA DABLAM WITH IMG

Thanks for your interest in our Ama Dablam Expedition. This is one of the most famous and beautiful peaks in the world, rising above the Dudh Kosi River valley on the way to Everest Base Camp in Nepal. We've now conducted nineteen successful guided Ama Dablam expeditions through 2022, and we're looking forward to getting back again in Autumn 2023 and Spring 2024!

Our Ama Dablam expeditions will utilize the new model we pioneered in 2022, with the team acclimatizing on Mera Peak, and then flying by helicopter direct to Ama Dablam BC. Mera Peak is a fun climb, higher than 21,000 ft, the perfect preparation for Ama Dablam, plus you get to visit the Hinku Valley and see a different part of Nepal!

The Classic program is suitable for experienced climbers and will be led by our IMG guides from USA and Nepal. The Hybrid Program is an excellent choice for climbers who would prefer additional support.

For climbers doing pre-acclimatization or coming to Ama Dablam from Manaslu, Putha Hiunchuli, or other mountains, we are happy to discuss other options. Let us know how we can put together a package for you that will meet your requirements.

#### THE GUIDES

IMG leaders are professionals and are great teachers as well as strong climbers. All have done numerous high-altitude expeditions, including the Himalaya. Our clients

## **DATES & PRICES**

Ama Dablam Classic \$14,495 Ama Dablam Hybrid\*\$19,995

Single Supplement - \$500 (in hotel & lodges as available)

\*Hybrid option includes additional Personal Sherpa who will climb exclusively (1:1) with you.

Oct 12 – Nov 12, 2024 April 2 – May 3, 2025\*\*

Spring Ama Dablam +
Classic Everest or Lhotse\*\*
(see our Everest page for info)

### **PREREQUISITES**

Previous mountaineering experience is required

## **QUICK LINKS**

Program Itinerary
Gear List
Frequently Asked Questions

## **CONTACT US**

(360) 569-2609 Office@MountainGuides.com

## REGISTER

- IMG Application Package
- Application Fee \$5000 USD
- Passport copy

## **FEE SCHEDULE**

Non-refundable application fee is due at registration and applies to program fees. \*\*If you choose the Spring program with the Everest Expedition, the Everest program payment schedule applies. Otherwise, balance of all fees are due 120 days prior to trip departure. Please refer to the application package for payment policy and instructions. Program fees are quoted in US dollars. All fees and payments are non-refundable and non-transferable.

enjoy the immense benefit of a core group that has climbed together extensively, producing a team that knows how to work well together.

#### THE ITINERARY

Note on Trip Dates: Dates on the itineraries are listed starting with the arrival day to Kathmandu to the arrival day back to Kathmandu from Lukla at the end of the trip. The ending dates for the Ama Dablam Expedition are FLEXIBLE, depending on weather and conditions. It would be prudent to add contingency days to these itineraries. Normally climbers will reconfirm or change their homeward departure flights when you know exactly when the expedition is going to end for you (contact your travel agent from Ama Dablam BC).

1         Saturday, October 12, 2024         Wednesday, April 2, 2025         Arrive Kathmandu           2         Sunday, October 13, 2024         Thursday, April 3, 2025         Gear checks, explore Kathmandu           3         Monday, October 15, 2024         Friday, April 4, 2025         Fly to Lukla, overnight at (9,334lt / 2845m)           4         Tuesday, October 15, 2024         Saturday, April 5, 2025         Acclimatization hike           5         Wednesday, October 17, 2024         Monday, April 6, 2025         Helicopter to Khote (4095m)           6         Thursday, October 18, 2024         Tuesday, April 8, 2025         Acclimatization hike           8         Saturday, October 19, 2024         Wednesday, April 9, 2025         Acclimatization hike           9         Sunday, October 20, 2024         Thursday, April 10, 2025         Acclimatization hike           10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Thagnak (4350m)           11         Tuesday, October 22, 2024         Friday, April 12, 2025         Acclimatization hike.           12         Wednesday, October 23, 2024         Saturday, April 12, 2025         Kaclimatization hike.           13         Thursday, October 24, 2024         Monday, April 12, 2025         Kest day           14         Friday, October 25, 2024         Thursda	Day	Autumn	Spring	Ama Dablam Itinerary
Monday, October 14, 2024 Friday, April 4, 2025 Fly to Lukla, overnight at (9,334ft / 2845m)  4 Tuesday, October 15, 2024 Saturday, April 5, 2025 Acclimatization hike  5 Wednesday, October 16, 2024 Monday, April 6, 2025 Helicopter to Khote (4095m)  6 Thursday, October 18, 2024 Monday, April 7, 2025 Acclimatization hike  7 Friday, October 19, 2024 Wednesday, April 8, 2025 Acclimatization hike  8 Saturday, October 20, 2024 Thursday, April 10, 2025 Trek to Thagnak (4350m)  9 Sunday, October 21, 2024 Friday, April 11, 2025 Trek to Khare (5000m)  11 Tuesday, October 22, 2024 Saturday, April 12, 2025 Acclimatization hike.  12 Wednesday, October 23, 2024 Sunday, April 13, 2025 Khare hike to Mera La  13 Thursday, October 24, 2024 Monday, April 13, 2025 Khare hike to Mera La  14 Friday, October 25, 2024 Tuesday, April 16, 2025 Summit and return to Khare  15 Saturday, October 26, 2024 Thursday, April 17, 2025 Summit contingency day  16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day  17 Monday, October 28, 2024 Friday, April 19, 2025 Helicopter from Khothe to Lukla  18 Tuesday, October 29, 2024 Saturday, April 20, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 31, 2024 Monday, April 21, 2025 Acclimatization hike.  20 Thursday, October 31, 2024 Monday, April 22, 2025 Acclimatization hike  8 Saturday, November 1, 2024 Tuesday, April 22, 2025 Acclimatization hike  8 Saturday, April 20, 2025 Summit contingency day  10 Sunday, November 1, 2024 Friday, April 12, 2025 Summit contingency day  21 Friday, November 2, 2024 Saturday, April 20, 2025 Helicopter from Khothe to Lukla  22 Saturday, November 3, 2024 Tuesday, April 22, 2025 Ama Dablam base camp  23 Sunday, November 4, 2024 Friday, April 22, 2025 Ama Dablam base camp  24 Monday, November 6, 2024 Saturday, April 25, 2025 Rest day  25 Tuesday, November 7, 2024 Monday, April 27, 2025 Rest day  26 Wednesday, November 7, 2024 Monday, April 29, 2025 Camp 1	1	Saturday, October 12, 2024	Wednesday, April 2, 2025	Arrive Kathmandu
4         Tuesday, October 15, 2024         Saturday, April 5, 2025         Acclimatization hike           5         Wednesday, October 16, 2024         Sunday, April 6, 2025         Helicopter to Khote (4095m)           6         Thursday, October 17, 2024         Monday, April 7, 2025         Acclimatization hike           7         Friday, October 18, 2024         Wednesday, April 9, 2025         Acclimatization hike           8         Saturday, October 20, 2024         Thursday, April 10, 2025         Acclimatization hike.           10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Khare (5000m)           11         Tuesday, October 22, 2024         Saturday, April 13, 2025         Acclimatization hike.           12         Wednesday, October 23, 2024         Sunday, April 13, 2025         Acclimatization hike.           13         Thursday, October 23, 2024         Sunday, April 13, 2025         Khare hike to Mera La           14         Friday, October 24, 2024         Monday, April 15, 2025         Climb to High Camp (5800m)           15         Saturday, October 26, 2024         Thursday, April 17, 2025         Summit and return to Khare           16         Sunday, October 28, 2024         Friday, April 18, 2025         Summit contingency day           17         Monday, October 30, 2024         Saturday,	2	Sunday, October 13, 2024	Thursday, April 3, 2025	Gear checks, explore Kathmandu
5 Wednesday, October 16, 2024 Sunday, April 6, 2025 Helicopter to Khote (4095m) 6 Thursday, October 17, 2024 Monday, April 7, 2025 Acclimatization hike 7 Friday, October 19, 2024 Wednesday, April 8, 2025 Acclimatization hike 8 Saturday, October 20, 2024 Thursday, April 10, 2025 Acclimatization hike. 10 Monday, October 21, 2024 Friday, April 11, 2025 Trek to Thagnak (4350m) 11 Tuesday, October 22, 2024 Friday, April 11, 2025 Acclimatization hike. 12 Wednesday, October 23, 2024 Saturday, April 12, 2025 Acclimatization hike. 13 Thursday, October 24, 2024 Monday, April 13, 2025 Khare hike to Mera La 13 Thursday, October 24, 2024 Monday, April 15, 2025 Climb to High Camp (5800m) 15 Saturday, October 25, 2024 Wednesday, April 15, 2025 Summit and return to Khare 16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day 17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe 18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla 19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC 20 Thursday, October 31, 2024 Wednesday, April 22, 2025 Acclimatization hike.  Saturday, April 16, 2025 Climb to High Camp (5800m)  Saturday, April 17, 2025 Summit and return to Khare  Baturday, April 17, 2025 Summit and return to Khare  Saturday, April 19, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 30, 2024 Wednesday, April 21, 2025 Acclimatization hike.  Saturday, April 22, 2025 Acclimatization hike.  Saturday, April 22, 2025 Acclimatization hike.  Rest day  Helicopter fom Khothe to Lukla  Helicopter from Lukla to Ama Dablam BC  Ama Dablam base camp  Tuesday, April 22, 2025 Ama Dablam base camp  Tuesday, April 25, 2025 Ama Dablam base camp  Saturday, April 26, 2025 Rest day  Friday, November 3, 2024 Friday, April 26, 2025 Camp 1  Thursday, April 27, 2025 Summit and back to Camp 1  Thursday, November 10, 2024 Friday, April 20, 2025 Depart Ama Dablam	3	Monday, October 14, 2024	Friday, April 4, 2025	Fly to Lukla, overnight at (9,334ft / 2845m)
6         Thursday, October 17, 2024         Monday, April 7, 2025         Acclimatization hike           7         Friday, October 18, 2024         Tuesday, April 8, 2025         Acclimatization hike           8         Saturday, October 19, 2024         Wednesday, April 9, 2025         Trek to Thagnak (4350m)           9         Sunday, October 20, 2024         Thursday, April 10, 2025         Acclimatization hike.           10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Khare (5000m)           11         Tuesday, October 22, 2024         Saturday, April 13, 2025         Khare hike to Mera La           12         Wednesday, October 23, 2024         Sunday, April 15, 2025         Khare hike to Mera La           13         Thursday, October 24, 2024         Monday, April 16, 2025         Surmit and return to Khare           15         Saturday, October 26, 2024         Wednesday, April 16, 2025         Summit contingency day           16         Sunday, October 27, 2024         Thursday, April 17, 2025         Summit contingency day           17         Monday, October 28, 2024         Friday, April 18, 2025         Descend to Kothe           18         Tuesday, October 30, 2024         Sunday, April 20, 2025         Helicopter from Khothe to Lukla           19         Wednesday, October 31, 2024         Monday,	4	Tuesday, October 15, 2024	Saturday, April 5, 2025	Acclimatization hike
7         Friday, October 18, 2024         Tuesday, April 8, 2025         Acclimatization hike           8         Saturday, October 19, 2024         Wednesday, April 9, 2025         Trek to Thagnak (4350m)           9         Sunday, October 20, 2024         Thursday, April 10, 2025         Acclimatization hike.           10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Khare (5000m)           11         Tuesday, October 23, 2024         Saturday, April 12, 2025         Acclimatization hike.           12         Wednesday, October 23, 2024         Sunday, April 13, 2025         Acclimatization hike.           13         Thursday, October 24, 2024         Monday, April 13, 2025         Khare hike to Mera La           14         Friday, October 25, 2024         Tuesday, April 16, 2025         Climb to High Camp (5800m)           15         Saturday, October 26, 2024         Wednesday, April 17, 2025         Summit contingency day           17         Monday, October 28, 2024         Friday, April 18, 2025         Descend to Kothe           18         Tuesday, October 30, 2024         Full April 19, 2025         Helicopter from Khothe to Lukla           19         Wednesday, October 31, 2024         Monday, April 20, 2025         Ama Dablam base camp           21         Friday, November 1, 2024         Thursday, Ap	5	Wednesday, October 16, 2024	Sunday, April 6, 2025	Helicopter to Khote (4095m)
8         Saturday, October 19, 2024         Wednesday, April 9, 2025         Trek to Thagnak (4350m)           9         Sunday, October 20, 2024         Thursday, April 10, 2025         Acclimatization hike.           10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Khare (5000m)           11         Tuesday, October 22, 2024         Saturday, April 12, 2025         Acclimatization hike.           12         Wednesday, October 23, 2024         Sunday, April 13, 2025         Khare hike to Mera La           13         Thursday, October 25, 2024         Monday, April 14, 2025         Rest day           14         Friday, October 26, 2024         Wednesday, April 16, 2025         Summit end return to Khare           16         Sunday, October 27, 2024         Thursday, April 18, 2025         Summit contingency day           17         Monday, October 28, 2024         Friday, April 18, 2025         Descend to Kothe           18         Tuesday, October 30, 2024         Saturday, April 20, 2025         Helicopter from Khothe to Lukla           19         Wednesday, October 31, 2024         Monday, April 20, 2025         Ama Dablam base camp           21         Friday, November 1, 2024         Tuesday, April 22, 2025         Ama Dablam base camp           22         Saturday, November 3, 2024         Thursday, April 2	6	Thursday, October 17, 2024	Monday, April 7, 2025	Acclimatization hike
9 Sunday, October 20, 2024 Thursday, April 10, 2025 Acclimatization hike.  10 Monday, October 21, 2024 Friday, April 11, 2025 Trek to Khare (5000m)  11 Tuesday, October 22, 2024 Saturday, April 12, 2025 Acclimatization hike.  12 Wednesday, October 23, 2024 Sunday, April 13, 2025 Khare hike to Mera La  13 Thursday, October 24, 2024 Monday, April 14, 2025 Rest day  14 Friday, October 25, 2024 Tuesday, April 15, 2025 Climb to High Camp (5800m)  15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare  16 Sunday, October 28, 2024 Friday, April 17, 2025 Summit contingency day  17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp  21 Friday, November 1, 2024 Tuesday, April 23, 2025 Climb to Camp 1  22 Saturday, November 2, 2024 Wednesday, April 24, 2025 Climb to C2, return to C1  24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  25 Tuesday, November 5, 2024 Saturday, April 27, 2025 Rest day  26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 1  29 Saturday, November 9, 2024 Wednesday, April 29, 2025 Camp 1  29 Saturday, November 9, 2024 Wednesday, April 29, 2025 Summit and back to Camp 1  30 Sunday, November 10, 2024 Thursday, May 1, 2025 Depart Ama Dablam	7	Friday, October 18, 2024	Tuesday, April 8, 2025	Acclimatization hike
10         Monday, October 21, 2024         Friday, April 11, 2025         Trek to Khare (5000m)           11         Tuesday, October 22, 2024         Saturday, April 12, 2025         Acclimatization hike.           12         Wednesday, October 23, 2024         Sunday, April 13, 2025         Khare hike to Mera La           13         Thursday, October 24, 2024         Monday, April 14, 2025         Rest day           14         Friday, October 25, 2024         Tuesday, April 15, 2025         Climb to High Camp (5800m)           15         Saturday, October 26, 2024         Wednesday, April 16, 2025         Summit and return to Khare           16         Sunday, October 27, 2024         Thursday, April 17, 2025         Summit contingency day           17         Monday, October 28, 2024         Friday, April 19, 2025         Descend to Kothe           18         Tuesday, October 30, 2024         Saturday, April 19, 2025         Helicopter from Khothe to Lukla           19         Wednesday, October 31, 2024         Monday, April 21, 2025         Ama Dablam base camp           20         Thursday, November 1, 2024         Tuesday, April 22, 2025         Ama Dablam base camp           21         Friday, November 3, 2024         Thursday, April 24, 2025         Climb to Carn 1           23         Sunday, November 4, 2024         Friday, April 25, 2	8	Saturday, October 19, 2024	Wednesday, April 9, 2025	Trek to Thagnak (4350m)
11 Tuesday, October 22, 2024 Saturday, April 12, 2025 Khare hike to Mera La 12 Wednesday, October 23, 2024 Monday, April 13, 2025 Khare hike to Mera La 13 Thursday, October 24, 2024 Monday, April 14, 2025 Rest day 14 Friday, October 25, 2024 Tuesday, April 15, 2025 Climb to High Camp (5800m) 15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare 16 Sunday, October 28, 2024 Thursday, April 17, 2025 Summit contingency day 17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe 18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla 19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC 20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp 21 Friday, November 1, 2024 Tuesday, April 23, 2025 Climb to Camp 1 23 Sunday, November 3, 2024 Wednesday, April 24, 2025 Climb to C2, return to C1 24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp 25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day 26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day 27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 9, 2024 Wednesday, April 29, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Man Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	9	Sunday, October 20, 2024	Thursday, April 10, 2025	Acclimatization hike.
12 Wednesday, October 23, 2024 Sunday, April 13, 2025 Khare hike to Mera La 13 Thursday, October 24, 2024 Monday, April 14, 2025 Rest day 14 Friday, October 25, 2024 Tuesday, April 15, 2025 Climb to High Camp (5800m) 15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare 16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day 17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe 18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla 19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC 20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp 21 Friday, November 1, 2024 Tuesday, April 23, 2025 Climb to Camp 1 22 Saturday, November 2, 2024 Wednesday, April 24, 2025 Climb to C2, return to C1 24 Monday, November 3, 2024 Friday, April 26, 2025 Rest day 25 Tuesday, November 4, 2024 Friday, April 27, 2025 Rest day 26 Wednesday, November 6, 2024 Saturday, April 27, 2025 Rest day 27 Thursday, November 6, 2024 Sunday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 8, 2024 Tuesday, April 29, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 1, 2025 Depart Ama Dablam	10	Monday, October 21, 2024	Friday, April 11, 2025	Trek to Khare (5000m)
Thursday, October 24, 2024 Monday, April 14, 2025 Rest day  14 Friday, October 25, 2024 Tuesday, April 15, 2025 Climb to High Camp (5800m)  15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare  16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day  17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp  21 Friday, November 1, 2024 Tuesday, April 23, 2025 Climb to Camp 1  23 Sunday, November 3, 2024 Wednesday, April 24, 2025 Climb to C2, return to C1  24 Monday, November 4, 2024 Friday, April 26, 2025 Rest day  25 Tuesday, November 5, 2024 Saturday, April 27, 2025 Rest day  26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  31 Monday, November 11, 2024 Friday, May 1, 2025 Depart Ama Dablam	11	Tuesday, October 22, 2024	Saturday, April 12, 2025	Acclimatization hike.
14 Friday, October 25, 2024 Tuesday, April 15, 2025 Climb to High Camp (5800m) 15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare 16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day 17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe 18 Tuesday, October 30, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla 19 Wednesday, October 31, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC 20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp 21 Friday, November 1, 2024 Wednesday, April 22, 2025 Ama Dablam base camp 22 Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1 23 Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1 24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp 25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day 26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day 27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	12	Wednesday, October 23, 2024	Sunday, April 13, 2025	Khare hike to Mera La
15 Saturday, October 26, 2024 Wednesday, April 16, 2025 Summit and return to Khare  16 Sunday, October 27, 2024 Thursday, April 17, 2025 Summit contingency day  17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp  21 Friday, November 1, 2024 Tuesday, April 22, 2025 Ama Dablam base camp  22 Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1  23 Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 1  29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  30 Sunday, November 10, 2024 Thursday, May 1, 2025 Depart Ama Dablam	13	Thursday, October 24, 2024	Monday, April 14, 2025	Rest day
Thursday, April 17, 2025 Summit contingency day  17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp  21 Friday, November 1, 2024 Tuesday, April 22, 2025 Ama Dablam base camp  22 Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1  23 Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  27 Thursday, November 6, 2024 Sunday, April 28, 2025 Camp 1  28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  30 Sunday, November 10, 2024 Thursday, May 1, 2025 Depart Ama Dablam  31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	14	Friday, October 25, 2024	Tuesday, April 15, 2025	Climb to High Camp (5800m)
17 Monday, October 28, 2024 Friday, April 18, 2025 Descend to Kothe  18 Tuesday, October 29, 2024 Saturday, April 19, 2025 Helicopter from Khothe to Lukla  19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC  20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp  21 Friday, November 1, 2024 Tuesday, April 22, 2025 Ama Dablam base camp  22 Saturday, November 3, 2024 Wednesday, April 23, 2025 Climb to Camp 1  23 Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	15	Saturday, October 26, 2024	Wednesday, April 16, 2025	Summit and return to Khare
Tuesday, October 29, 2024 Saturday, April 19, 2025 Sunday, April 20, 2025 Thursday, October 31, 2024 Triday, November 1, 2024 Sunday, April 21, 2025 Thursday, November 2, 2024 Saturday, April 21, 2025 Thursday, November 2, 2024 Sunday, April 22, 2025 Thursday, November 3, 2024 Thursday, April 23, 2025 Thursday, November 3, 2024 Thursday, April 24, 2025 Thursday, November 4, 2024 Thursday, April 25, 2025 Thursday, November 5, 2024 Saturday, April 26, 2025 Thursday, November 6, 2024 Sunday, April 27, 2025 Thursday, November 7, 2024 Sunday, April 28, 2025 Thursday, November 8, 2024 Thursday, April 29, 2025 Saturday, April 29, 2025 Summit and back to Camp 1 Thursday, November 10, 2024 Thursday, May 1, 2025 Thursday, November 11, 2024 Thursday, May 1, 2025 Thursday, May 2, 2025 Thursday	16	Sunday, October 27, 2024	Thursday, April 17, 2025	Summit contingency day
19 Wednesday, October 30, 2024 Sunday, April 20, 2025 Helicopter from Lukla to Ama Dablam BC 20 Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp 21 Friday, November 1, 2024 Tuesday, April 22, 2025 Ama Dablam base camp 22 Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1 23 Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1 24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp 25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day 26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day 27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	17	Monday, October 28, 2024	Friday, April 18, 2025	Descend to Kothe
Thursday, October 31, 2024 Monday, April 21, 2025 Ama Dablam base camp Triday, November 1, 2024 Tuesday, April 22, 2025 Ama Dablam base camp  Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1  Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Rest day  Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Saturday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	18	Tuesday, October 29, 2024	Saturday, April 19, 2025	Helicopter from Khothe to Lukla
Friday, November 1, 2024  Saturday, November 2, 2024  Wednesday, April 23, 2025  Climb to Camp 1  Thursday, April 24, 2025  Climb to C2, return to C1  Climb to C2, return to C1  Thursday, April 25, 2025  Ama Dablam base camp  Thursday, April 25, 2025  Climb to C2, return to C1  Friday, April 25, 2025  Ama Dablam base camp  Saturday, April 26, 2025  Rest day  Wednesday, November 6, 2024  Sunday, April 27, 2025  Rest day  Thursday, November 7, 2024  Monday, April 28, 2025  Camp 1  Tuesday, April 29, 2025  Camp 2.7  Saturday, November 9, 2024  Wednesday, April 30, 2025  Summit and back to Camp 1  Thursday, May 1, 2025  Thursday, May 1, 2025  Depart Ama Dablam	19	Wednesday, October 30, 2024	Sunday, April 20, 2025	Helicopter from Lukla to Ama Dablam BC
Saturday, November 2, 2024 Wednesday, April 23, 2025 Climb to Camp 1  Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	20	Thursday, October 31, 2024	Monday, April 21, 2025	Ama Dablam base camp
Sunday, November 3, 2024 Thursday, April 24, 2025 Climb to C2, return to C1  Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp  Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day  Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day  Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	21	Friday, November 1, 2024	Tuesday, April 22, 2025	Ama Dablam base camp
24 Monday, November 4, 2024 Friday, April 25, 2025 Ama Dablam base camp 25 Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day 26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day 27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	22	Saturday, November 2, 2024	Wednesday, April 23, 2025	Climb to Camp 1
Tuesday, November 5, 2024 Saturday, April 26, 2025 Rest day Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	23	Sunday, November 3, 2024	Thursday, April 24, 2025	Climb to C2, return to C1
26 Wednesday, November 6, 2024 Sunday, April 27, 2025 Rest day 27 Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1 28 Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7 29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	24	Monday, November 4, 2024	Friday, April 25, 2025	Ama Dablam base camp
Thursday, November 7, 2024 Monday, April 28, 2025 Camp 1  Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	25	Tuesday, November 5, 2024	Saturday, April 26, 2025	Rest day
Friday, November 8, 2024 Tuesday, April 29, 2025 Camp 2.7  Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1  Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp  Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	26	Wednesday, November 6, 2024	Sunday, April 27, 2025	Rest day
29 Saturday, November 9, 2024 Wednesday, April 30, 2025 Summit and back to Camp 1 30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	27	Thursday, November 7, 2024	Monday, April 28, 2025	Camp 1
30 Sunday, November 10, 2024 Thursday, May 1, 2025 Ama Dablam base camp 31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	28	Friday, November 8, 2024	Tuesday, April 29, 2025	Camp 2.7
31 Monday, November 11, 2024 Friday, May 2, 2025 Depart Ama Dablam	29	Saturday, November 9, 2024	Wednesday, April 30, 2025	Summit and back to Camp 1
	30	Sunday, November 10, 2024	Thursday, May 1, 2025	Ama Dablam base camp
32 Tuesday, November 12, 2024 Saturday, May 3, 2025 Fly to Kathmandu	31	Monday, November 11, 2024	Friday, May 2, 2025	Depart Ama Dablam
	32	Tuesday, November 12, 2024	Saturday, May 3, 2025	Fly to Kathmandu

**THE DEAL:** Here is what is included and not included in your land cost fee.

#### Included

- IMG Leadership, IMG Guides & Sherpa Guides, local Sherpa climbers & cook staff
- All airport transfers in Kathmandu before & after the climb

- Double occupancy accommodations in Kathmandu hotel for stated itinerary at beginning of expedition
- Double occupancy accommodations in lodges on trek
- All meals after departing Kathmandu and before returning to Kathmandu
- Domestic Nepal flights (heli/fixed wing + 2 duffels per person)
- Park fees, permits, liaison officer
- Group equipment (cooking gear & fuel, camp equipment, foam pad at Base Camp) & dining facilities
- Single occupancy tent at Base Camp (sharing above)
- Base Camp radio & walkie-talkies
- Climbing route equipment
- First aid kit, hyperbaric (Gamow) bag & emergency medical oxygen

#### Not Included

- International round trip airfare/tax/baggage fees/travel expenses to/from Kathmandu
- Nepal visa fee
- Excess baggage charges
- Single Supplement hotel accommodations in hotels/lodges
- Lodging and meals before/after stated itinerary
- Personal gear
- Tip pool contribution (\$500) for base camp staff and porters
- Satellite phone charges
- Personal sundries and beverages
- Costs incurred as a result of delays or events beyond the control of IMG
- Required Travel insurance; evacuation, hospital or medical costs
- Covid tests (if required for travel); any Covid-related expense resulting in delays or quarantine
- Optional but customary gratuity for your IMG guide, 5% is a good starting point

#### THE ODDS & ENDS:

#### Single Supplement

Accommodations are based on double occupancy. Add Single Supplement option for \$500, Includes single room in the hotel in Kathmandu for stated itinerary at the beginning of the trip and lodges on the trek. Please advise IMG and we will adjust your statement. Deadline for reserving & payment for a single supplement accommodation is 120 days prior to your trip.

#### **Travel Insurance**

Emergency evacuation & repatriation coverage and emergency medical expense coverage are required for International Programs. IMG strongly recommends the addition of trip cancellation/interruption coverage due to the IMG refund policy. Coverage should be door to door. Information is on our website.

#### **Flights**

Plan to arrive to Nepal on Day 1 of the stated itinerary. Please provide your complete flight itinerary to us so we can book your hotel reservation, and do keep us informed of any changes to your itinerary. If you arrive a day early, we can assist in reserving an additional hotel night for you (at your expense).

#### **Tips**

We will collect for a tip pool, and ask the team members to please contribute \$500. We will collect this in Kathmandu and distribute this on behalf of the team as a thank you gift to the many unsung people that make the whole operation run smoothly: the porters, trek staff, cooks and helpers, hotel staff, Kathmandu staff, climbing Sherpas, and others. You may also wish to provide additional tip to your guides (figure 5% if you are looking for a generous number).

#### Passport & Visa

Your passport must have at least 6 months validity at time of entry to Nepal and one full page required for entry stamp. A tourist visa is required for U.S. citizens to enter Nepal, we'll provide instruction.

#### **Immunizations + Covid**

Participants are required to comply with the Covid-19 vaccination and documentation requirements of the destination country or area. For the most up to date information on Covid-19 vaccination requirements and any other immunization requirements, visit the website of your destination country embassy in the USA, <u>US Embassy website for your destination</u>

country, the <u>CDC</u>, and <u>US State Dept Travel pages</u>. Requirements are subject to change. Plan to carry a digital copy of your Covid-19 vaccination record with you.

QUESTIONS? <u>Email</u> or call (360) 569-2609 Ext. 1